

# MAKING DIABETES RESEARCH PATIENT-CENTRIC

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IDF Europe

## **About IDF Europe**



**Innovative Medicines Initiative** 

- umbrella organisation representing 66 diabetes associations in 47 countries across Europe
- represent people living with diabetes and healthcare professionals.
- provide essential expertise and up-to-date evidence on diabetes
- support diabetes awareness campaigns
- advocate European and international organisations for proper public policies for diabetes.



### **Diabetes**



 Diabetes mellitus - chronic disease that occurs when the pancreas is no longer able to make insulin, or when the body cannot make good use of the insulin it produces.

## **WORLD**

- ≥ 382 millions
- ➤ 46 % undiagnosed
- ➤ 10% health expenditures
- > due to diabetes

## **EUROPE AT A GLANCE**

	2013	2035
Adult population	659	669
(20-79 years, millions)		

Diabetes (20•79 years)		
Regional prevalence (%)	8.5	10.3
Comparative prevalence (%)	6.8	7.1
Number of people with diabetes (millions)	56.3	68.9

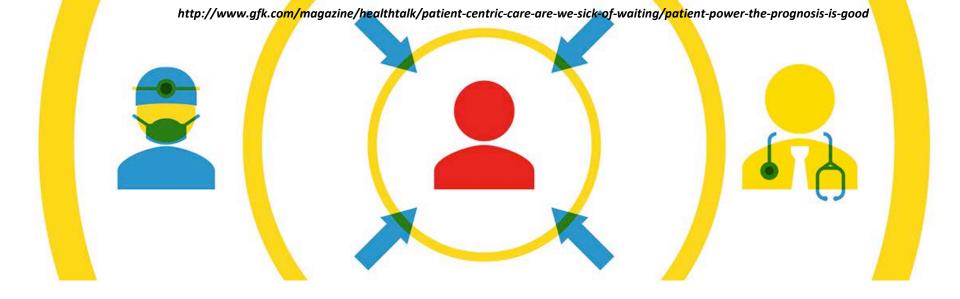


# Hi! My name is Sandra and I have diabetes!









# Patient-Centricity

one of the biggest buzzwords of 2013 2014 – is it happening?



Patient-centred care





- ✓ providing care that is respectful of and responsive to individual patient preferences, needs, and values, and ensuring that patient values guide all clinical decisions.
- ✓ supports active involvement of patients and their families in the design of new care models and in decision-making about individual options for treatment.

http://ods-security.com/wp-content/uploads/2012/04/pfcc\_logo.jpg



#### Patient-Centricity



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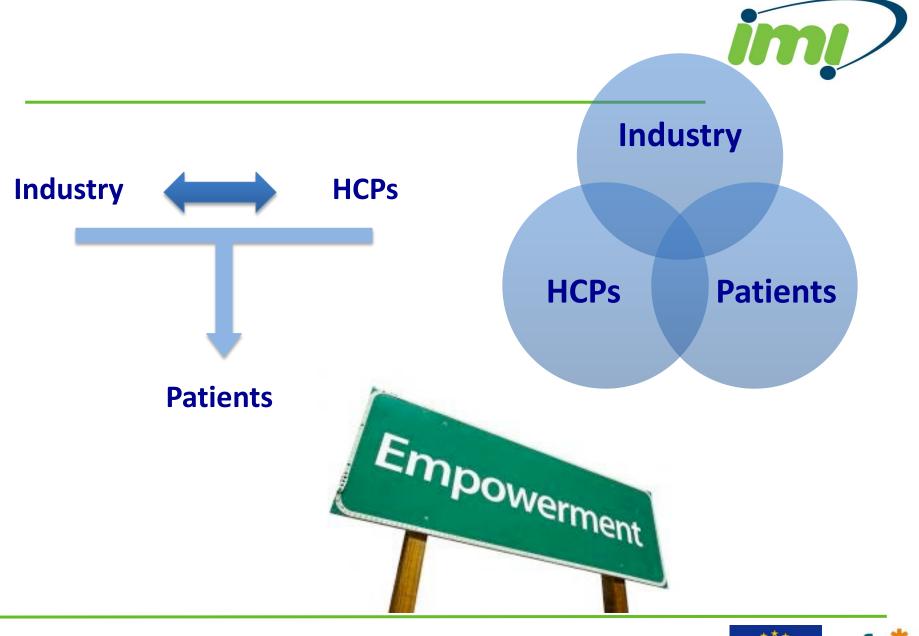
#### Patient inclusion in discussion groups



http://www.timewiseit.com/patient-experience-conferences-are-not-patient-centric













- Mindset & Cultural Change
- **♦** Lack of convergence between patient-centricity and business
- **♦** 50 years of traditional HCP-centric practice
- Fear that relationships built up over years with physicians would be damaged if they felt "bypassed" by going directly to patients
- Product-centric culture of the industry
- **♦** Regulatory barriers to patient-centric practices
- **♦** Insufficient priority given to patient-centricity topics and projects



### QUESTION?



What researchers could or should do to insure that diabetes research is more patient centric and that it adequately addresses the patient's needs?

Research that is truly patient-centered cannot be achieved without active patient engagement at every level of research – from initiative to implementation.





# Thank you!

